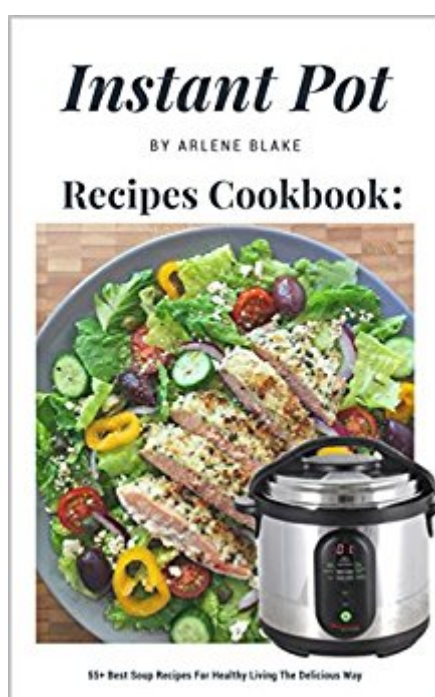


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Instant Pot Recipes Cookbook: 55+ Best Soup Recipes For Healthy Living The Delicious Way (Healthy Food Book 2)



Synopsis

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Customer Reviews

If you're not familiar with the Instant Pot, it's basically a programmable electric pressure cooker that can be used to cook all sorts of different foods. Like other pressure cookers, the lid locks in place while in use, so that pressure builds up inside the pot.

In the pressurized environment, the food is subjected to hotter temperatures, which causes it to cook faster than traditional cooking methods. Together with this cookbook, You can use an Instant Pot to cook a surprisingly wide variety of foods. The pot itself has pre-programmed buttons for making soups, meats, beans, poultry, rice, grains, porridge, and even yogurt. Inside are the best simple, tasty Instant Pot recipes. Lots of healthy recipes, plus a few treats too. And lots more to offer!

I like to cook and I liked this book very much. This book is perfect for new Instant Pot owners. The recipes are easy to follow and have a variety for different types of meals. The instructions are very detailed and helpful. This book is written clear and easy. I hope that my new dishes will surprise my relatives and friends. If you like cooking, I advise you to read this book.

I've own an instant pot for a while now, and I simply never thought of such delicious dishes. The soups are simply amazing.

Good cookbook. There are great soup recipes. The recipes are easy to cook and they don't sound too difficult to follow.

I like soups & they are tasty and easy to cook, even easier when using Instant Pot. This cookbook has 55 recipes that are diverse and nutritious but don't require much effort for preparation. Perfect for those who don't have much time.

Be sure you use the look inside feature and read a few recipes before you order this book!

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